

*Karen Drucker*

## **SONGS OF THE SPIRIT II**

- 1. Thank You For This Day**  
*From the Native American Church*
- 2. Blessing To The World**  
*Words: Reverend David Bruner and Karen Drucker ♪ Music: Karen Drucker*
- 3. Prosperity Chant**  
*Words and music: Karen Drucker*
- 4. Healed Whole & Healthy**  
*Words: Karen Drucker ♪ Music: Karen Drucker and John Hoy*
- 5. The Face Of God**  
*Words: Reverend Karyl Huntley and Karen Drucker ♪ Music: Karen Drucker*
- 6. Gifts Of The Goddess**  
*Words & music: Karen Drucker*
- 7. There Is Only Love**  
*Words and music: Michael Gott ♪ Additional verse: Karen Drucker*
- 8. Holy Holy Holy**  
*Words: Reverend Karyl Huntley and Karen Drucker ♪ Music: Karen Drucker*
- 9. Money Is Coming To Me**  
*Words: Karen Drucker ♪ Music: Karen Drucker and John Hoy*
- 10. I Am So Blessed**  
*Words and music: Karen Drucker ♪ Inspired by Rev. Mark Vierra*
- 11. We Are All Angels**  
*Words and music: Michael Gott and Karen Drucker ♪ Musical arrangement ideas: John Hoy and Annie Stocking*

*If you can walk, you can dance.  
If you can talk, you can sing. - Zimbabwe proverb*

Thank you for giving me the opportunity to share my music with you, it means so much to me and I hope that this album will give you whatever you need.

As with Songs of the Spirit I, this album is designed to be a musical experience that we do together. Each song/chant was written with the intention that you will sing along with us and experience the transformational quality that singing - and especially chanting - can bring. Chanting gives us the opportunity to bypass the intellect and drop deeper into the heart. Author Anne Lamot says it best in her book *Traveling Mercies...* "music is about as physical as it gets: your essential rhythm is your heartbeat; your essential sound, the breath. We're walking temples of noise, and when you add tender hearts to this mix it somehow lets us meet in places we couldn't get to any other way."

In these chants I have used words such as God, Goddess, and Spirit. Since everyone has such different emotions about these words, I encourage you to substitute whatever words or qualities of being that will resonate for you and open your heart.

So whether you are looking for an experience of inspiration, healing, or just want to have fun singing along with us, I hope that Songs of the Spirit II lifts your heart and makes you smile...

Blessed be...*Karen*

### *Credits:*

**Karen Drucker:** vocals, keyboards

**John Hoy:** guitar, bass, keyboards, & drum programming

**Annie Stocking:** back-up vocals & vocal arrangements

**Jill Perry:** back-up vocals

**Larry Walker:** percussion (Tracks #1,3,6)

**Terry Garthwaite, Maye Cavallaro, Melissa Phillippe, Annie Stocking, Jill Perry:** back-up & lead vocals on "Thank You For This Day" & "We Are All Angels"

**Zaza:** translations, spoken word & vocals on "The Face Of God"

### *Special Thanks To:*

**Johnny:** You are my blessing. Thank you for your amazing creativity, sensitivity, and unwavering support of all that I do. It is because of you that I can sing "I Am So Blessed" ...

**Annie:** Your talent, support, and creativity is so inspiring. You are the voice of God, and what you do is such a blessing to the world ...

**Annie and Jill:** My favorite "Druckettes". After 20 years it feels so good to sing with you both - thank you for singing with me again ...

**Maye:** For consultations, advice, therapy, support, food & laughter ...

**Reverend Karyl Huntley:** For your friendship, support, & inspiration ...

**Kate McCarthy, Jennifer Mann, Janet Ryan, Mary VanVoorhees:** For love, insight, support, and keeping me on the path ...

**Lauren Mayer, David Ault, Melissa Phillippe, Suz Ogden, Robyn Posin, Lisa Smith:** For inspiration and friendship ...

**Golden Gate Center For Spiritual Living:** For allowing me to grow, experiment, feel safe, loved, and encourages ...

**Larry, Terry, & Zaza:** For adding so much to this project ...

**Linda & Matt:** For the miracle house - thank you both ...

**Mom, Tina, Liz, & Anita:** For love, support & always being there ...

Produced by: Karen Drucker

Co-produced by: John Hoy & Annie Stocking

Engineer: John Hoy

Recorded at: Cat Heaven Studios (Mill Valley)

Manufactured & printed by Disc Makers, Fremont, CA  
USA

Mixed by: John Hoy (with Annie & Karen)

Mastered by: George Horn at Fantasy Studios

Back-up vocals: produced & arranged by Annie  
Stocking

Photography: Irene Young

All songs © © 2001 TayToones Music BMI

For other albums / info / bookings / comments: Karen Drucker, PO Box 134, Mill Valley, CA 94942 or  
[www.karendrucker.com](http://www.karendrucker.com) Thank you for your support!

# Thank You For This Day

from the Native American Church

Thank you for this day Spirit

Thank you for this day

Thank you for this day Spirit

Thank you for this day

This healing - this healing - this healing day

This healing - this healing - this healing day

(repeat)

\*You can substitute the word “day” with anything you want -  
For example: Thank you for my friends / my life / my job  
my health / this food / etc.

You can also substitute the word “healing” with  
whatever would work for you:

This beautiful day / This wonderful food /

This magical trip / This fabulous job / etc....

What a great way to start the day by giving thanks...

# Blessing To The World

words: Reverend David Bruner & Karen Drucker

music: Karen Drucker

You are the heart

You are the hands

You are the voice of Spirit on earth

And who you are - and all you do

is a blessing to the world...

( substitute “you” with We and I )

repeat:

I am the heart - I am the hands

you are the heart - you are the hands

we are the heart - we are the hands

# Prosperity Chant

words and music: Karen Drucker

Intro:       What do I want? - What do I desire?  
              What will bring me to my highest good?  
              What do I want? - What do I desire?  
              What will bring me to my highest good?

1.           Prosperity - I claim it  
              Abundance - is mine  
              Love - flows through me  
              I feel joy - all the time

Chorus:       I can have it - I deserve it  
              I claim it - It is mine  
              I can have it - I deserve it  
              I am it - It is mine

2.           Peace - fills my heart  
              I surrender - everything  
              Health - is my birthright  
              Passion - helps me sing

Chorus:       I can have it - I deserve it  
              I claim it - It is mine  
              I can have it - I deserve it  
              I am it - It's my time

3.           I release - and let go  
              I accept - what is mine  
              I can have - what I want  
              and let Spirit - direct the flow  
              Life is good - Life is fun  
              Life is great - this song is done!!!

# Healed Whole & Healthy

words: Karen Drucker

music: Karen Drucker & John Hoy

Healed, Whole, Healed, Whole,

Healed, Whole, Well....

I am healed whole and healthy

I relax and visualize\*

I am healed whole and healthy

I am well I am well... (repeat )

\*substitute with:

I accept and I receive

Angels are watching over me

I've got love surrounding me

repeat:

Healed , Whole

All is well - All is well

I am well - I am well - All is well...

# The Face Of God

words: Reverend Karyl Huntley & Karen Drucker  
music: Karen Drucker

You are the face of God  
I hold you in my heart  
You are a part of me  
You are the face of God...

You are the face of love  
I hold you in my heart  
You are my family  
You are the face of God...

This chant is wonderful to sing in a group doing sign language or just singing to each other. It can also be powerful to visualize different people in your life - people you love or even someone you might have a "challenge" with and imagine singing it to them. One day I was in a store where someone cut in front of the line and was being really rude to everyone - I started singing this chant to myself and was amazed how I started seeing them differently and felt compassion instead of anger.

# Gifts Of The Goddess

words and music: Karen Drucker

Chorus:      These are the gifts of the Goddess - love, joy and peace  
                 Gifts of the Goddess - are you ready to receive? \* - all the  
                 Gifts of the Goddess - love joy and peace  
                 Gifts of the Goddess - are you ready to receive?

Verses:              Love - are you ready?    Joy - are you ready?  
                         Peace - are you ready?    Are you ready to receive?  
                         Compassion - I am ready    Forgiveness - I am ready  
                         Laughter - I am ready    I am ready to receive...  
                         Passion - I am ready    Success - I am ready  
                         Abundance - I am ready - I am ready to receive....

(substitute with: I am ready to receive)

# There Is Only Love

words and music: Michael Gott  
additional verse: Karen Drucker

Verse:                    In this moment in this place  
                              I remember who I am  
                              Letting fear and worry fall away from me  
                              I open my eyes and see

Chorus:                    There is only love  
                              There is only love  
                              Love that heals  
                              Love that sets us free  
                              There is only love...

Verse:                    When I lose myself  
                              when it seems I've lost my way  
                              When I go inside and quiet my mind  
                              I can hear Spirit gently say...

Chorus



# Money Is Coming To Me

words: Karen Drucker  
music: Karen Drucker  
& John Hoy

Chorus: Money is coming to me easily and effortlessly  
Money is coming to me...

Verse: Every time I open my heart  
I receive all that I need  
Knowing that God is my source  
I relax and let it flow - and I know that..

Chorus

Verse: I have all that I need  
it's all inside of me  
I just ask and let go  
and let Spirit direct the flow - and I know that...

Chorus

# I Am So Blessed

words and music: Karen Drucker  
inspired by Reverend Mark Vierra

I am so blessed

I am so blessed

I am so grateful for all that I have

I am so blessed

I am so blessed

I am so grateful

I am so blessed...

This chant was inspired by Reverend Mark Vierra of the North Hollywood Church of Religious Science. Mark gave a talk at the Asilomar Conference about how he faced the impending death of a loved one by starting each day saying "I am so blessed" and continued saying it over and over during the course of this very hard time. I was so inspired and moved by his talk that I wanted to write a chant that I could sing every day as part of a spiritual practice. I have learned that taking time to give thanks for all that I have has made such a difference in my life - especially in those darker times when I can't feel it or see it. As Meister Eckart said "If the only prayer you say in your whole life is "Thank You" that would suffice."

# We Are All Angels

words and music: Michael Gott and Karen Drucker

Chorus:           We are all angels - who only have one wing  
                      We are all angels - searching for each other  
                      All angels who cannot reach the sky  
                      cause we need each other to fly...

1.     Do you know that there are angels in our midst  
       Can you hear them? Can you feel them?  
       They're all around you with you everyday  
       Do you see them or do you look the other way  
       It's that man that I forgot to kiss as I hurried out the door  
       or that stranger that said hello that I ignored  
       They are angels - We are angels...

\*Chorus\*

2.     My life gets so busy, time goes by so fast  
       I rush through the day trying to make each moment last  
       But when I take the time to look around I see  
       Sweet angels are smiling back at me  
       Everywhere at any time I need to open up my eyes  
       and see the beauty that surrounds me and now I realize  
       We are angels - We are angels

\*Chorus\*

We need each other to fly - We need each other to fly  
We need each other to fly - We need each other...